Improved Locomotion Capabilities for Quadrupeds Through Active Multi-Point-Contact Feet

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Abstract—With increasing mechanization of our daily lives, the expectations and demands in robotic systems increase in the general public and in scientists alike. Especially, hazardous environments such as exploration of extraterrestrial planets or nuclear disaster sites demand robotic solutions with locomotion capabilities in unstructured terrain. Four-legged systems can provide the desired mobility. The hominid robot Charlie has, in contrast to most quadrupeds, an active ankle joint with Multi-Contact-Point-Feet to support four-legged as well as two-legged locomotion. In this paper, the advantages of this foot design for four-legged locomotion is analyzed.

The paper summarizes briefly Charlie's hardware and software components. In detail, the foot design and the behavior modules which utilize the possibilities of actively controlled Multi-Contact-Point-Feet are described. The experimental results show that a positive effect on traction and range of motion are achieved which improve the mobility of quadrupeds.

I. INTRODUCTION

In recent years, there has been a growing focus on legged locomotion in robotic systems. The motivation to investigate legged locomotion is due to the possible advantages and versatility of such systems such as: (i) decoupling body orientation from terrain structure, (ii) continuous ground contact path is not needed, (iii) overcoming steep slopes, (iv) numerous ways to apply forces to the environment, (v) handling a wide variety of substrates, (vi) use of limbs as a tool carrier, e.g., for manipulation tasks, (vii) inherent redundancy, and (viii) omnidirectional mobility, among others. Due to these advantages, numerous research groups successfully developed robots that mimic the appearance and/or the locomotion patterns of their natural counterparts.

Multi-legged robots have the intrinsic ability to generate a stable stance with Single-Point-Contact Feet (SPCF) when using an appropriate walking pattern. These kinds of feet have the advantage to provide traction at any contact angle, e.g., the six-legged robot SpaceClimber [1] is able to overcome rough terrain and sandy slopes of up to $\pm 35^{\circ}$. Also four-legged robots like the LS3 [2], Starleth [3], or LittleDog [4] showed their cross-country mobility. Humanoid robots such as Atlas [5] or Valkyrie [6] need Multi-Point-Contact Feet (MPCF) to maintain stability on two or even one leg.

Opposite to most other legged systems, the hominid robot Charlie [7] (see Fig. 1) was designed to perform quadrupedal



Fig. 1. The hominid robotic system Charlie

as well as bipedal locomotion similar to their multi-talented biological inspiration, the chimpanzee (*Pan troglodytes*). Due to the desired multi-functionality, and in contrast to other quadrupeds, MPCF with an active ankle joint are used in the rear legs.

Other multi-legged walking robots featuring MPCF like Titan [8] or Roboclimber [9] only come along with passive adaptation mechanisms in the feet to exploit these benefits, which is also true for the foot described in [10]. BISAM [11] is an example where SPCF were replaced by passive MPCF to increase traction.

Since an MPCF on an actuated ankle joint is commonly not used in quadrupeds, we try to answer the question whether it this beneficial for these type of legged systems. First, we briefly describe the hominid robot Charlie with focus on its foot design (Section II). Then, in Section III, an overview on the behavior-based control structure is given to understand how a foot pitch module can influence the overall walking pattern of a robot. In Section IV, the active MPCF is evaluated and tested during walking. The final section summarizes the results and provides an outlook.

II. ACTIVE MULTI-POINT-CONTACT FEET

Charlie is a hominid robotic system with 37 Degree of Freedom (DoF) and various proprioceptive and exteroceptive sensors making the robot an ideal test platform to tackle uneven terrain or to master various inclines. Besides the active artificial spine, on unique characteristic is the actively controlled foot design with MPCF, allowing Charlie to walk on four and two legs.

The limb proportions and features like the Range of Motion (RoM) of chimpanzees legs and feet were analyzed and served as model for the design of the leg structure. Due

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Fig. 2. Lower leg - ankle joint - foot - assembly: Next to the biological inspiration (in the back), the CAD-model (middle) depicts the developed lower leg structure, whereas a photograph of the lower leg and ankle joint with the foot is shown in the front.

to a lack of documentation of chimpanzee feet, for designing the foot structure the focus was enlarged to all primate feet, including human physiology. The design (Fig. 2) incorporates motors and electronics in the lower leg for realizing a roll and pitch motion, a force-torque sensor, as well as a sole consisting out of passively connected heel, foot arch, ball and toes.

The roll and pitch motion is realized by two linear actuators located at the same position like the human calf. The motors are supplemented by reduction gear units and incremental encoders. The relative position is measured by evaluating these encoders while digital Hall sensors are used for motor commutation. A lead screw and spindle nut mechanism is connected to the gear's output shaft. The rotational motion is transmitted via two four-bar spatial linkages to the lower ankle joint segment (cf. Fig. 2). The linkages build levers which lengths can be adjusted to produce the required RoM, velocities, or torques. For more details please see [12]. The original passive rotation around the yaw axis was fixed for improved stability.

In [13], Allinger stated that a human foot has a RoM of roll from 10° to -20°, pitch between 20° to -30°, and yaw from 10° to -10° can be observed. According to [14], the RoM in apes is slightly larger than in humans, which is why the RoM of the artificial foot is increased compared to the human RoM. The maximum joint angles of the ankle joint implemented in Charlie are ranging from -62° up to 69° for the pitch and $\pm 25^{\circ}$ for the roll. The maximum angular velocities for both active DoF of an unloaded ankle joint are $130^{\circ}/\text{s}$ for the pitch and $190^{\circ}/\text{s}$ for roll motion.

To gain an increased perception of the environment, it is necessary to implement multiple sensors and suitable electronics into structures like a foot which is limited in space. Within the rear foot the following sensors are installed: a six-DoFs force/torque sensor, an acceleration sensor (three axes), a temperature sensor, and eight absolute encoder (one per toe, one per passive DoF).

In addition, in order to increase the spatial resolution for tactile perception of the environment in a robotic foot, a pressure-sensing array consisting of 49 Force Sensing Resistors (FSRs) is installed underneath each rear foot sole. An FSR changes its resistance when a force is applied, so an array can measure the spatial distribution of forces applied to the foot. Size and weight of the selected sensor satisfies structural and electrical requirements. It has a sensing area of 5.1 mm in diameter and a sensitivity of $20 \frac{\text{mN}}{\text{cm}^2}$. During locomotion, the heel and the ball/toe area are the regions where the main load is applied. Thus, both parts are equipped with a higher sensor density (15 sensors on the heel, eight under each toe) than the foot arch, which houses twelve sensors. Additionally, six sensors are placed on the outside of the foot and serve as collision detectors. With this arrangement, a spatial resolution of $0.3 \,\mathrm{mm}^2$ to $4.5 \,\mathrm{mm}^2$ is achieved.

III. BEHAVIOR-BASED MOTION CONTROL

The reactive motion control is a behavior-based architecture realized in BAGEL [15]. It follows an hierarchical modular concept consisting of general-applicable and robotspecific behavior modules, where every module can contain further submodules to reduce module complexity and to increase module reusability.

On the highest control layer, a Central Pattern Generator (CPG) behavior module is used to derive a gait-dependent step cycle for every limb and for the body. This signal is sent to every leg or arm controller in which a state pattern generator is triggered to derive a foot trajectory. The trajectory is then superposing the basic position defined by the desired robot posture.

All posture and locomotion parameters are defined in an ideal frame which is parallel to the ground, so called locomotion frame (*LocoFrame*). The generated feet positions are transformed from *LocoFrame* to the robot coordinate system (*RobotFrame*) which is fixed to the robot. With the help of the body forward kinematics, a target position for each foot in its limb coordinate system (*LimbBase*_{*}*Frame*) is calculated. Finally, inverse kinematics are used to compute the joint targets.

A. Posture

The basic stance is defined by the $step_base_{x,y}$ parameter and an additional arm_offset_y to define foot positions well suited for both, leg and arm kinematics (Fig. 3). It is also possible to set an individual offset for each limb. The transformation from LocoFrame to RobotFrame is realized by setting a desired $body_shift_{x,y,z}$ and $body_rot_{roll,pitch,yaw}$.

In general, all parameters can be changed during runtime. Only parameters, which influence the basic stance are set when the corresponding leg is in the air to avoid shear forces as well as tension between the limbs.

B. Central Pattern Generator

The CPG module generates an internal clock, which triggers different phases of a walking cycle. It consists of a period generator, a period coordinator, and a gait generator.



Fig. 3. Charlie's kinematics, frames and parameters to define the posture

This period generator generates a periodic, normalized, saw-like curve from zero to one representing the internal robot clock. The time step increment (t_{step}) depends on the desired step cycle time (t_{cycle}) and the update rate of the control (t_{period}) (1).

$$t_{step} = \frac{t_{period}}{t_{cycle}} \tag{1}$$

The period coordinator starts and stops the internal clock depending whether a movement is desired or not. When movement is not any longer desired, no further leg is allowed to start the lifting movement. However, the step cycle continuous (period counter will increase) until all legs (which were not in swing phase when the motion stop command was triggered) are placed on the ground. If a robot movement is again desired, the walking cycle will be continued with the next leg originally scheduled for liftoff, before it was interrupted.

The gait generator defines at what time each leg starts with their movement. It supports walking gaits for two-legged and four-legged posture. The parameter $phase_shift$ can be set to influence the time between consecutive legs. A full phase shift will evenly distribute the start of each leg movement, where as no phase shift will lead to a cross gait in the case of four-legged walking.

C. Body Controller

This behavior module shifts the body over the ideal Center of Support Polygon (CoSP) in order to maintain a stable walking posture. With the knowledge of the gait, it knows which legs to use for computing the CoSP (2).

$$CoSP = \frac{\sum_{j=1}^{J} foot_{-}pos_{j}}{J},$$
(2)

where J contains the legs in stance phase.

A spline interpolator is used to generate a curve for every swing time of a leg, having its mid target over a scaled CoSP and the target in the middle of the current and consecutive CoSP. For the target point, a target speed is estimated to avoid a start-stop behavior during leg transition. Thus, for four-legged walking, an eight-shaped trajectory is generated.



Fig. 4. Foot trajectory and its configuration parameters. The red curve shows the generated trajectory for *phase_shortage* of 0.5

Constantly, the Zero Moment Point (ZMP) is calculated and transformed into *LocoFrame*. While walking on plane ground, it will follow the desired body movement. But as soon as the robot gets tilted, e.g., when climbing over obstacles or entering a slope, a difference will occur. The body controller compensates this difference by preventing the ZMP to cross one edge of the support polygon and thus maintaining a stable walking behavior.

D. Limb Controller

This behavior module generates a Cartesian foot trajectory, based on the current progress of the step cycle. A step cycle consists of a stance (t_{stance}) and a swing phase (t_{swing}) . The latter is divided into a lift (t_{lift}) , shift (t_{shift}) , and down phase (t_{down}) , each defined by a portion of the overall step cycle (3). In order to realize a statically stable walking pattern, their sum, i.e. the swing time, shall not exceed a maximum leg time, defined by the gait.

$$1.0 = t_{stance} + t_{swing} = t_{stance} + t_{lift} + t_{shift} + t_{down}$$
(3)

A leg can only enter the lift phase when movement is desired. During stance, a leg is moved on the ground with a speed defined by the length of each step in longitudinal and lateral direction $(step_length_{x,y})$ and the step cycle time, thus defining the overall robot speed (4).

$$v_{xy} = \frac{step_length_{x,y}}{t_{cycle}} \tag{4}$$

Each phase has its target point which is reached within its given target time using either a linear or spline interpolator. The linear interpolator is used for the stance phase as well as for the horizontal components in the lift and down phase to ensure no upcoming shear forces due to different speeds. The lift and down phase which stops or starts at the full step height ($step_length_z$) while the leg is moved against the direction of movement to compensate it. Consequently, a vertical lift with respect to the environment is realized, which is beneficial while climbing over obstacles.

Since the generated trajectory requires much movement range, one can increase the parameter *phase_shortage* to reduce the lift and down phase as well as their target values and to generate a smooth curve in a prolonged shift phase (Fig. 4). Then, less movement range is required, which enables larger and faster steps (see Fig. 4 red curve).

When traversing unstructured terrain, the generated trajectory needs be adapted. Compared to walking on flat terrain,



Fig. 5. Ankle pitch cycle and its parameters

two additional situations may occur. First, the leg needs to crouch when contact was detected with the foot sensors during down phase, i.e., the z-position of the foot has to stay constant, so a compensating offset is generated which superposes the normal walking trajectory. Second, the leg must stretch when no contact is established during stance phase.

E. Ankle Controller

Charlie's foot itself is a complex system consisting of a sole with many pressure sensors, an active roll-pitch ankle joint, a force torque sensor, and a micro controller. This gives the possibility to implement a local controller that uses the measured Center of Pressure (CoP) to directly add local offsets to the desired roll and pitch angles. Thus, surface irregularities can directly be compensated without the need of a high-level control. To realize the desired behavior, a springdamper behavior is implemented, which adapts its stiffness with respect to the step cycle. During down-phase, the foot is soft in order to adapt to the ground. During progress of the stance-phase, the achieved offset is kept, but the stiffness is increased so that the corresponding leg can support the forward motion.

In addition, the ankle can be pitched actively by the foot pitch behavior module. The gait-dependent foot pitch modulation can be varied according the needs of each phase of the step cycle (Fig. 5). Thus, the heel can be lifted just before the lift phase starts to allow larger steps. During shift phase, the toes can be lifted to reduce the chance of hitting an obstacle unintendedly with the toes first. It also possible to walk entirely on the ball of the foot. In order to maintain the position of the ball, the resulting difference of the ankle position is added before calculating the inverse kinematics of the leg.

IV. EXPERIMENTAL EVALUATION

In this section, the results of an experimental evaluation of the active ankle with MPCF are shown. First, the traction of the presented MPCF is compared to a representative SPCF. Second, the correctness of the integrated FSR array is checked. Third, the ground adaptation capability realized by the local ankle controller is tested. Finally, the integration within a walking pattern is analyzed concerning the RoM. Further evaluations can be found in [7].

A. Foot Traction

The static friction of a spherically shaped foot, here the one used by the SpaceClimber robot [1], was compared with the feet developed for the hominid robot Charlie (as shown in Fig. 2). Each foot was mounted to a vertical linear guide and loaded with different weights from 2 kg to 8 kg as normal force. The feet were placed on a rollable plate, which was covered with sandpaper of two different grain sizes (360 and 1500). This plate was horizontally pulled away at different angles (0°, 45°, 90°, 135° and 180°). An angle of 0° corresponds to pulling the base plate forward, 180° implies pulling the plate in heel direction. All measurements for the spherically shaped and the rear foot were repeated five times. The average maximum recorded force, i.e. the frictional force F_R was used for further processing.

To evaluate the results, regardless of the applied loads, the friction coefficient μ ($\mu = F_R/F_n$) is calculated for the above mentioned five directions. As shown in Fig. 6, the friction coefficient of the rear foot exceeds the one of the spherical shaped foot in all directions and on both roughnesses except for the finer grain size while pulling at a 90° angle. In this direction, the spherical shaped foot has a higher friction coefficient of about 3.6%.

Striking is the asymmetry of the friction values of the developed foot. While walking, the main load direction occurs at 0° and 180° . For this direction, the friction coefficient is higher than compared to the lateral load directions. This asymmetry is mainly caused by the passive adaptation capabilities implemented in the foot, which only have an effect on longitudinal forces.

B. FSR Sensor Array

In order to examine the output of the sensor array for its correctness, Charlie is placed with one rear foot on an industrial tactile pressure and force measurement plate designed by Tekscan¹. Fig. 7 shows simultaneously recorded screenshots of the graphical user interface used to visualize Charlie's sensor array data (Fig. 7(a)) and the one from the Tekscan software (Fig. 7(b)). For Charlie's sensor array, blue means that no pressure is applied, green indicates a medium pressure, and red a high pressure. The same color

¹https://www.tekscan.com/products-solutions/systems/i-scansystem?tab=sensors accessed Feb. 2016



Fig. 6. Friction coefficient measurement of spherically shaped feet and the developed MPCF foot

coding can be seen in the Tekscan software, except that the color blue indicates a slight pressure. The white cross in Fig. 7(a) and the silvery square in Fig. 7(b) indicate the local CoP. Please note that due to a higher measurement range of each taxel of the Tekscan force plate, the colour coding is not comparable. Nevertheless, by comparing the recorded data and the resulting pictures, it can be clearly seen that a mapping of the pressure points as well as a local CoP calculation can be achieved in appropriate accuracy within the sensory foot.

C. Foot Adaptation

The main drawback of MPCF is that they always need to be orientated towards the surface structure. Since the local ankle controller is supposed to handle this problem, its functionality is evaluated. To validate the function of the local controller, the robot is walking on a spot and an obstacle is placed underneath one rear foot during the leg's lift phase. Data is recorded with activated and deactivated local controller.

The foot's non-adaptive behavior when stepping on an obstacle is shown in Fig. 8(a). The foot stands rigid on the obstacle and the heel is hovering in the air. If the local control loop is activated, a deviation of the desired pitch angle can be seen, resulting in maximizing the contact between foot sole and ground (see Fig. 8(b)). By decreasing the pitch angle, the ankle adapts itself actively and establishes additional ground contact with the heel. The forefoot is not affected by this motion and remains in contact with the ground.

The curves in Fig. 9 show that walking without stepping on an obstacle (depicted in Fig. 9(a)), the desired trajectories for roll and pitch are fulfilled and the feet are kept parallel to the ground.

The differences of the ankle joints pitch angle can be seen as soon as the rear left foot establishes contact to the obstacle. Based on the perceived torque applied to the individual legs, the local control loop sets an offset to the desired pitch angles. The basic shape of the trajectory is recognizable, since the offset, the local controller is adding to the motion command, is limited. As described in Sec. III, to the end of the stance phase, the spring within the local control loop is getting stiffer and thus the deflection between actual position and desired position is getting smaller. For this crawl gait with the footfall sequence front left, rear right, front right, and rear left, the rear left legs stance-phase ends at $75\,\%$



(a) Visualization of the incoming (b) Visualization of applied forces sensor array data in a quadrupedal on the Tekscan force plate. pose.





(a) The local control loop is deac- (b) By using the local control tivated, no adaption is taking place. loop, the heel is able to establish The heel is hovering in the air. ground contact.

Fig. 8. Walking on the spot with an obstacle under the rear right foot to demonstrate the effect of the local control loop.

of the overall walking cycle. The deviation in this case is around 5° . It is observed that the deflection is not zero, which is due to the obstacle size. The obstacle is large enough to prevent the foot from driving to the desired reference position. Due to the shape of the obstacle, the roll trajectory remains unchanged and is equal to the one shown in the setup without obstacle.

D. Range of Motion Analysis

As described in section III, Charlie's control is based on several behavior producing modules which all contribute to the overall locomotion behavior. Due to the hierarchical structure, a set of basic behavior modules can be used to generate locomotion patterns for every type of four-legged system. In addition, the foot pitch module modulates the default trajectory by utilizing the special kinematical structure of Charlie. Here, the benefit of this module concerning the RoM is investigated. Therefore, a reference locomotion pattern was used as reference and compared to the same pattern but with activated foot pitch module.

First, the maximum longitudinal step length was evaluated by increasing $step_length_x$ until a leg looses ground contact before the actual lift phase starts, signalizing that the maximum RoM was exceeded. Without using the foot pitch behavior, a maximum step length of 390 mm can be achieved. Using a 30° liftoff pitch angle increases the maximum step length to 470 mm, which corresponds to a gain of 20%.



(a) Roll and pitch show a mirror (b) An obstacle is placed under the symmetric behaviour for the right rear left foot. The rear left ankle and left foot.

has a constantly decreased pitch, the movement of the right ankle is not influenced.

Fig. 9. Measured roll and pitch angle in the ankle joint of both rear legs while Charlie is walking on the spot. The numbers in the plot annotate the robot's walking cycle progress. Due to the order of leg movements, the rear left leg and the rear front leg have a phase-offset of 50 %, resulting in a mirror symmetry.



Fig. 10. Required joint angles and velocities during walking at constant speed (60 mm/s) with and without utilization of the foot pitch behavior. Lift shift and down phase is colored with red, green, and blue background, respectively.

During walking, the first hip joint and the knee joint contribute most to the forward motion. When taking a look on the required joint angles and velocities (Fig. 10), one notices that the demands on movement range and velocity are reduced, when walking is supported by the foot pitch behavior.

Especially in the phase around liftoff (from 75% up to 8%) the usage of the foot pitch compensates the stretching of the leg, resulting in a more bent knee. This has the major advantage that more movement range of the leg remains, which is crucial when reactive behaviors want to modulate the desired foot position, e.g., stretching the leg further when the foot steps into a hole.

Regarding the required velocities, the active usage of the foot pitch has an higher influence on the knee joint than on the hip joint. The knee joint velocity during lift phase is almost halved. Thus, Charlie is capable of moving faster with activated foot pitch module.

V. CONCLUSION AND OUTLOOK

In this paper, an actively controlled ankle joint with MPCF was presented. The utilization of such a foot design was integrated within a behavior-based control scheme in two ways. First, a local controller was added that realizes adaptation capabilities towards unstructured terrain. Second, a gait-dependent foot pitch behavior was introduced to support the walking.

Through an experimental evaluation, it was shown, that the foot design improves traction in longitudinal direction. In addition, the pressure sensors underneath the sole allow a precise estimation of the force distribution within the MPCF. The proprioceptive data is used to locally adapt towards obstacles. It was shown that the foot adaptation leads to a larger contact area providing more traction. In a final experiment it was shown that the active integration of the foot pitch to lift the heel before lifting the complete leg has a positive influence on the RoM. In addition, the demands on joint angles and velocities can be reduced.

Though, the increase in structural and algorithmic complexity has to be faced, the mentioned advantages lead to the conclusion that actively controlled MPCF can increase the mobility of quadrupeds. In near future, the proposed behavior modules will be tested in combination with other reactive behaviors to overcome challenging obstacles with Charlie fast and reliably.

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